



Key Stage 4 Programme of Study for Sept 2022 cohort onwards

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
10	<p>Topic/Enquiry: Human Lifespan Development</p> <p>Key knowledge: Main life stages</p> <p>Growth & Development</p> <ul style="list-style-type: none"> - Physical - Intellectual - Emotional - Social 	<p>Topic/Enquiry: Human Lifespan Development</p> <p>Key knowledge: Impact of Factors</p> <ul style="list-style-type: none"> - Physical - Lifestyle - Emotional - Social - Cultural - Environmental - Economic 	<p>Topic/Enquiry: Human Lifespan Development</p> <p>Key knowledge: Life Events</p> <ul style="list-style-type: none"> - Health & Wellbeing - Relationship changes - Life Circumstances <p>Impact of events</p> <p>Coping with change</p> <ul style="list-style-type: none"> - Character traits - Sources of support - Types of support <p>Assessment: Feb Pearson Set Assignment (PSA) Tasks 1, 2, 3a, 3b</p>	<p>Topic/Enquiry: Health and Social Care Services and Values</p> <p>Key knowledge: Health Conditions Health Care Services</p> <ul style="list-style-type: none"> - Primary - Secondary - Tertiary - Allied Health Prof. - Multi Disciplinary Team 	<p>Topic/Enquiry: Health and Social Care Services and Values</p> <p>Key knowledge: Social Care</p> <p>Social Care Services</p> <ul style="list-style-type: none"> - Children & Young People - SEN - Older Adults <p>Additional Care</p> <p>Barriers to access</p> <ul style="list-style-type: none"> - Physical - Sensory - Social & Cultural - EAL - Intellectual - Resource - Financial - Geographical 	<p>Topic/Enquiry: Health and Social Care Services and Values</p> <p>Key knowledge: Skills & Attributes in H&SC</p> <p>Values in H&SC</p> <ul style="list-style-type: none"> - Care - Compassion - Competence - Communication - Courage - Commitment
11	<p>Topic/Enquiry: Health and Social Care Services and Values</p> <p>Key knowledge: Obstacles individuals may face</p>	<p>Topic/Enquiry: Health and Wellbeing</p> <p>Key Knowledge: Health & Wellbeing Impact of Factors</p> <ul style="list-style-type: none"> - Physical - Lifestyle - Emotional 	<p>Topic/Enquiry: Health and Wellbeing</p> <p>Key Knowledge: Physiological Indicators</p> <ul style="list-style-type: none"> - resting pulse rate - heart rate - blood pressure 	<p>Topic/Enquiry: Health and Wellbeing</p> <p>Key Knowledge: Person Centred Approach</p> <p>Recommendations & actions</p>	<p>Topic/Enquiry: Health and Wellbeing</p> <p>Key Knowledge: Exam specific skills</p> <p>Revision Tasks</p> <p>Preparation</p>	

	<ul style="list-style-type: none"> - Emotional - Psychological - Time Constraints - Resources - Unachievable targets - Lack of support - Other (addiction / ability / health) <p>Benefits to individuals</p> <p>Assessment: Oct Pearson Set Assignment Task 1,2,3,4,5</p>	<ul style="list-style-type: none"> - Social - Cultural - Environmental - Economic <p>Impact of Life Events</p> <ul style="list-style-type: none"> - Health & Wellbeing - Relationship changes - Life Circumstances <p>Assessment: (In lesson) Comp 3 practice Part A</p>	<ul style="list-style-type: none"> - BMI <p>Impact of:</p> <ul style="list-style-type: none"> - nutrition - physical activity - smoking - alcohol - substance misuse <p>Assessment: (In lesson) Comp 3 practice Part B</p>	<p>Target Setting</p> <p>Sources of Support</p> <p>Justifications</p> <p>Barriers & Obstacles</p> <p>Assessment: (In lesson) Comp 3 practice Part C</p>	<p>Assessment May Component 3 external exam</p>	
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