

The purpose of the curriculum:

- To enable learners to acquire sector specific knowledge and skills through vocational contexts in which they identify business problems and opportunities
- To develop technical skills and employability using realistic work scenarios
- To develop personal skills through a practical and skills-based approach to learning and assessment.
- To help learners to make more informed choices for further learning, either generally or in this sector



Level 2 Outcomes
A Levels (PE) or BTEC Nationals (Sport / Sport + Exercise Science / Sport – Fitness + Personal Training / Sporting Excellence + Performance / Sports Coaching + Development) as preparation for entry into higher education (University Sport based Degree courses), apprenticeships or employment in Sports Sector.

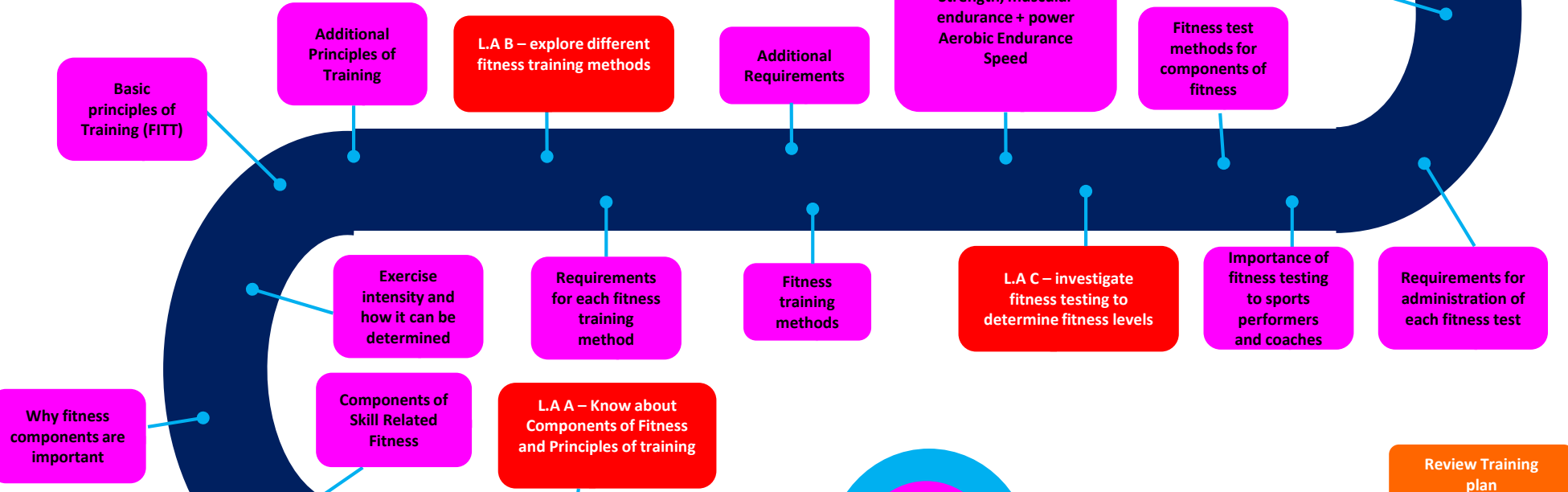
Level 1 Outcomes
Post 16 Level 2 technical routes to employment, apprenticeships or to further study at Level 3 (YMCA Gym instructor / NGB Coaching qualifications)
Post 16 Technical Certificate route leading to employment (Vcerts / Cambridge National / Foundation level Sport qualifications)

KS5

Final Grade calculated and submitted (Summative assessment)
External assessment – On screen test from Jan Yr 11

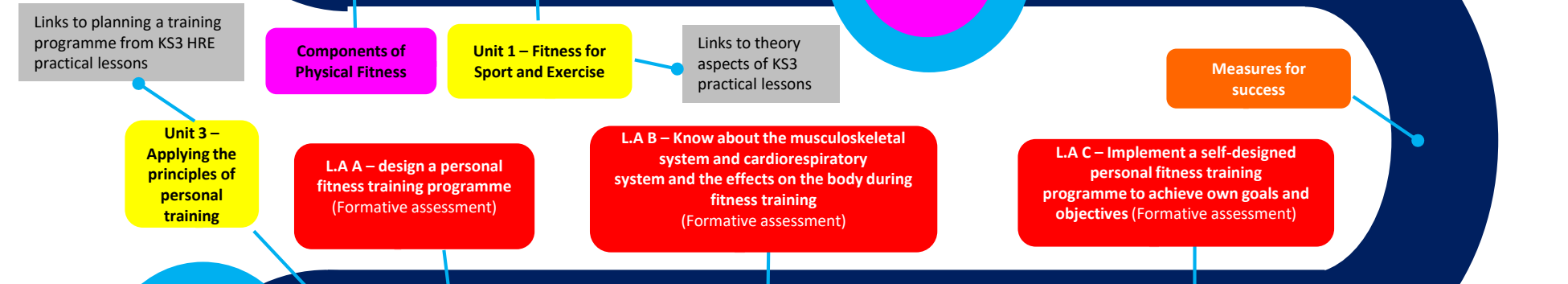
Flexibility
Strength, muscular endurance + power
Aerobic Endurance
Speed

Interpretation of fitness test results
Fitness test methods for components of fitness

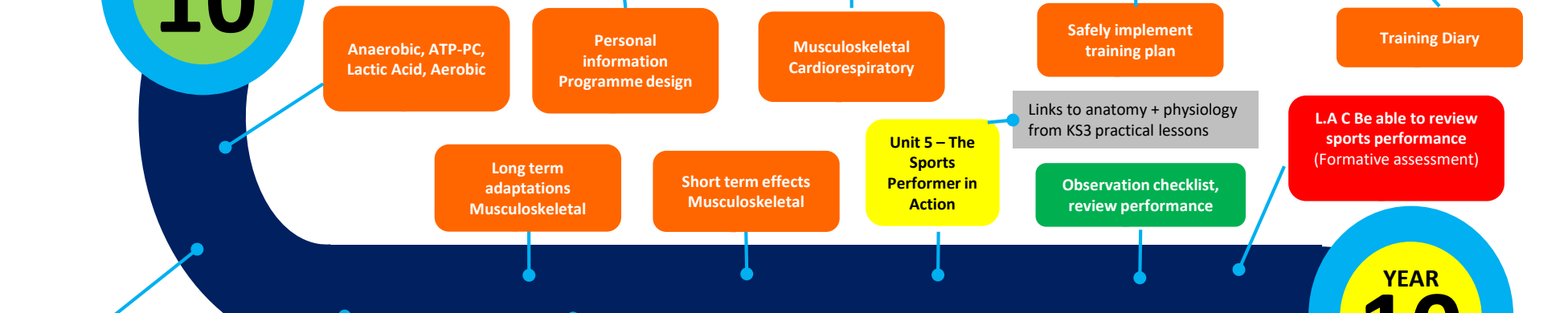


YEAR 11

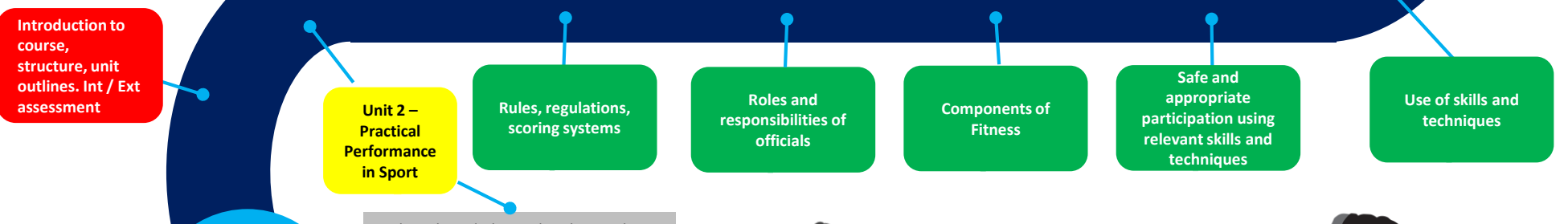
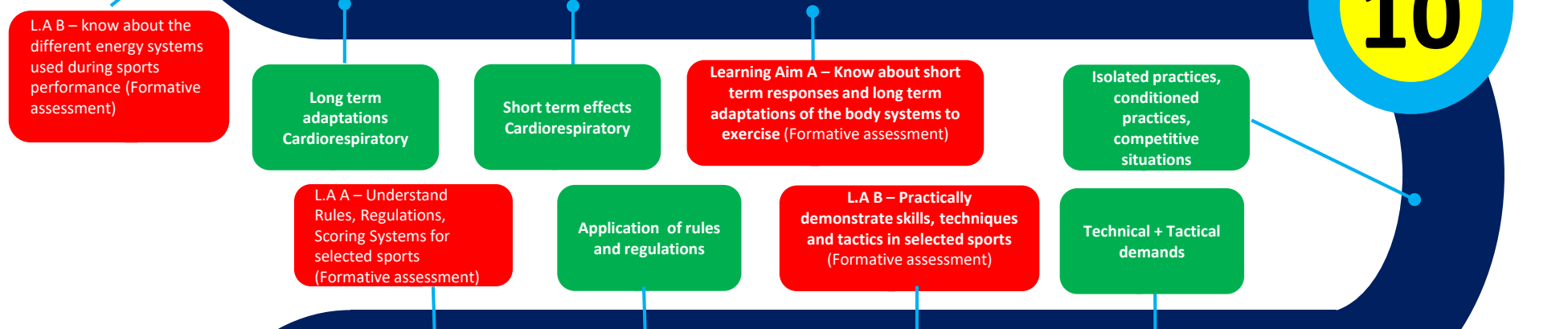
Review Training plan



YEAR 10



YEAR 10



YEAR 10

KS3

Options at end of Yr 9. GCSE PE / BTEC Sport
The BTEC Sport course builds on skills and knowledge from KS3 and develops and applies them through KS4.
Key Skills gained at KS3: Team workers, Self-management, Independent enquirers and researchers, reflective learners, creative thinkers, Effective participants

Golden Threads that run throughout the course:
Literacy, Numeracy, Problem solving + Scientific enquiry, Creative Expression, Understanding of the World around us.
Key terms from assessment criteria: Identify, Describe, Explain, Compare and Contrast, Evaluate, Discuss.